

February Schedule

*All Classes on this schedule are free to our members and are 1 hour in duration!
(Unless otherwise noted *)*

Time	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
9:00am	RIP w/Melanie		RIP w/Melanie	Yoga w/Tracy		Zumba w/Candace	
9:30am		Circuit w/Arlene			* Zumba Fit in 30 min. w/Lorene		
11:00am							
4:00pm							Zumba w/Jordan
5:00pm				Zumba w/ Jordan			
5:30pm	Zumba w/ Lara	RIP w/Adana					Fit Camp w/Adana
6:00pm			Zumba w/Lara	Yoga w/Roberta			
6:30pm	Yoga w/Roberta	Zumba Toning w/Candace					
7:00pm				Fit Camp w/ Adana			

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